

Denver Aikikai  
presents

# Michael Friedl Shihan



**When:** October 26-28, 2017

Friday, October 26  
6:30-8:30

Saturday, October 27  
10:30-12:30 and 2:00-4:00

Sunday, October 28  
10:00 - 12:00

**Cost:** Full seminar \$145 or \$40 per class

**Michael Friedl Shihan (7th Dan)** is founder and chief instructor of Aikido of Ashland. He is Division Head for Division 2 of the California Aikido Association. He is also a previous President of the California Aikido Association.

Friedl Shihan began his Aikido training in 1972 under Clyde Takeguchi Shihan. He became uchi deshi for Takeguchi Sensei from 1975-1977. He was also uchi deshi for Saito Shihan in Iwama, Japan from 1981-1983. In Iwama he studied weapons intensely and the Iwama style of weapons remains a strong influence in his practice. In 1978, Friedl Shihan established a dojo in Burlington, Vermont. He moved to Ashland, Oregon in 1979 and started a small aikido club. He returned to Ashland in 1986 and started a dojo at the Ashland YMCA in 1987. In July of 1994 Aikido of Ashland opened it's doors to dojo members.

Friedl Shihan affiliated with Frank Doran Shihan in 1979 and has been a student of his since that time.

合気道

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